

Growing Healthy Families

ST. JOHNSBURY DISTRICT OFFICE • Vermont Department of Health, WIC Program
107 Eastern Ave., Suite 9, St. Johnsbury, VT 05819 • 1-802-748-5151 or 1-800-952-2936



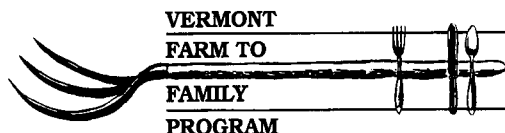
Vermont Farm to Family Program

The Farm to Family Program gives WIC participants coupons for free, locally grown, fresh vegetables and fruits from farmers' markets.

WIC participants over the age of 6 months are eligible for Farm to Family coupons which are available on a first come, first serve basis.

There is a \$60 maximum benefit per family. Mark your calendar now — attend one of the activities listed here to pick up your coupons. Can't make any of these dates? Go to www.WICHealth.org and complete a fun activity involving fruits and vegetables. See the back of this page for directions.

See you this summer!



Come to a Farm to Family Activity and get your coupons!

Join us for a fun family activity, recipes and more!

Drop in anytime during the times listed.

DATE	TIME	PLACE
Wednesday, July 2	5:00–7:00 p.m.	St. Johnsbury WIC Office 107 Eastern Avenue St. Johnsbury
Friday, July 11	3:00–5:00 p.m.	Lyndonville Farmers' Market Bandstand Park, Route 5
Thursday, July 17	3:00–5:00 p.m.	Peacham Farmers' Market Village of Peacham
Saturday, July 26	9:00 a.m.–Noon	St. Johnsbury Farmers' Market Pearl Street
Saturday, August 2	9:00 a.m.–Noon	St. Johnsbury Farmers' Market Pearl Street
Saturday, August 9	10:00 a.m.–Noon	Groton Farmers' Market lawn at the Community Building

- Coupons are distributed on a first come, first serve basis.
- Supplies are limited, call ahead for coupon availability.
- For directions to any of the above locations, please call the WIC office.

